GET TO KNOW YOUR DESS SCHOOL MEDICAL TEAM

DOCTOR FRANÇOISE

Hello, my name is Doctor Françoise and I come from The Netherlands. Three years ago, me and my family (my husband Stephan with our children Maxim, Emile and Lilly) moved to Dubai. The last 2 years I have been working as a Family Medicine Doctor. I joined DESS and DESC in January as a School Doctor.

Why did you want to be a doctor?
It is a long road to become a Doctor but once you are one, it is the best job you can have. I am a person who wants to help people. When someone isn't feeling very well, the most beautiful thing to do is make that person feel better again.

What did you do before you became the DESSC School Doctor?
For 13 years I worked at Royal Netherlands Air Force as a Doctor and Flight Surgeon. Since 2008, I have worked in a General Practice in The Netherlands.

What would you be doing if you weren't a Doctor?
This is a very difficult question since I always wanted to be a Doctor but maybe I would have been a Vet.

What's the best bit about your job?
If possible, make people feel well again and let children feel comfortable and smile.

What would be your best bit of advice?
Whatever happens in life, regularity is very important!
This means that you must make sure you get enough sleep at night, get up around the same time every day, eat your 3 meals and be active for at least 30 minutes per day.

What's your favourite food?
My favourite meal is a meal with fresh tuna and/or eggs. My favourite candy is drop. This a typical Dutch candy so whenever I am in The Netherlands, I buy lots of drop to take back to Dubai.

What are your hobbies?
My favourite moment of the day is my early morning walk with our dog Spotty. I like walking very much and so does Spotty.
Camping, hiking and exploring nature are also things I really like to do.
Since I was a little girl, I dance. My daughter Lilly and I dance a lot in our house, even when I am cooking.